Rebecca Heather Wilcox Gwynne CAMTC # 76405

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| A person wearing glasses  Description automatically generated with low confidence | Los Angeles, CA 90027  E-mail: civilcampaign@gmail.com Phone: +1 310-774-1483 |

Participatory Leader and Health Facilitator

Engaged participant championing projects with proven program management and facilitation skills. A strong understanding of leadership principles and their application. Values integrity, service, and stewardship in action to guide projects with diligence and care. 

Work Experience

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| 1996 – Current  *Holistic Practitioner* | Massage Therapist, Health Educator, Life Coach and Reiki Healer practicing independently. |
| 2018 – Current  *Co-founder, Program Lead & Fire Tender* | Building capacity in the changemaker global community through events and networking initiatives. Enkindle Global. International |
| 2016 – 2018  *Group facilitator and Consultant* | Contributed to prototype facilitation projects based on Agile values, led small group projects, and created bespoke workshops for organizations. gungus AB. Stockholm, Sweden |
| 2012 – 2016  *Owner of We the People* | Owner and manager of We the People: Gwynne Spa and Wellness Studio, Led cooperative business model for therapist team. Designed effective client care strategies. Principle holistic therapist and life coach. Wrote *Elemental* *Living* as personal coaching platform. Bromma, Sweden |
| 1999 – Current  *Presenter Independent* | Independent workshop and presentation development for delivery on self-development subjects. International |
| 2013 – 2014 *Account Manager for Strategy Insights* | Acquired and managed international client accounts for the company. Facilitated meetings between legal counsel and general counsels of large multinationals. Stockholm, Sweden |
| 2011 (Jan – Aug)  *Account Manager for Marcus Evans* | Developed sales plans, managed international client accounts and taught training classes for multicultural sales teams. Selected for a one month special training at the London office. Stockholm, Sweden |
| 2004 – 2007  *Instructor/Mentor National Holistic Institute College of Massage Therapy* | Classes taught included theory; anatomy, physiology, and pathology; massage techniques; powerful presentations, and business. Additional duties included mentoring students and acting as assistant manager of the student clinic. Emeryville, CA |
| 2003 – 2004  *Writer, Presenter and Marketing Sohnen-Moe Associates, Inc* | Developed teaching materials for massage and healthcare professionals for *Business Mastery*, *The Ethics of Touch* and newsletter; wrote copy and articles for Sohnen-Moe Associates, Inc.; contributed to *The Ethics of Touch* by Ben Benjamin and Cherie Sohnen-Moe, Published 2003; presented workshops; and assisted marketing ventures. Tucson, AZ |
| 2001 – 2003 *Program Director and Instructor*  *Apollo College* | Program development and implementation of AASc Degree in Massage Therapy. Created multi-dimensional curricula for adult learners in a hands-on and didactic environment. Duties included personnel management; student counselling; creation and implementation of the externship program; assisting graduate job placement; and interfacing with the community. Tucson, AZ |
| 1991 – 1993  *Director of Youth Ministries Manito UMC* | Maintained a vibrant activity program and personal development for the community aged 12-17. Spokane, WA |



Education

2016 – 2017 ***Digital Art and Graphic Design***

Completed 10-month Digital Art Certificate course for graphic design. Loyola Marymount University with Sessions College.

2016 – 2017 ***Strategic Leadership towards Sustainability Masters of Science***

Completed 10-month transformational Masters programme in Karlskrona, Sweden at Blekinge Institute of Technology. Developed knowledge, skills, and global networks to build strategic leadership capacity for co-creating thriving, sustainable societies. Trained as a strategic change agent in our complex world primarily through collaboration. Intending to transform the ways we think, plan, make, act and lead, in order to ‘co-create’ a vibrant, sustainable future.

2007 – 2009 ***Somatic Psychotherapy Masters Program CIIS***

Completed two years of a three-year marriage and family therapist program at the California Institute for Integral Studies. San Francisco, CA. With the primary course work completed and approval to begin practicum I took my leave to move to Sweden.

1996 – 1997 ***Professional Massage Therapist and Heath Educator NHI***

Certificate from the National Holistic Institute College of Massage Therapy. Emeryville, CA. Coursework included Swedish and Shiatsu massage; anatomy, physiology, kinesiology and pathology; clinic logistics; spa therapies; assessment strategies; stress management; powerful presentations; and practice management in a multi-dimensional learning environment.

1986 – 1990 ***Bachelor of Arts Whitworth College***

Bachelor of Arts in Arts Administration with an emphasis in performing arts. Spokane, WA.



Certificates and Professional Associations

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| *CAMTC #76405*  *Dipl massageterapeut* | Certified with the California Massage Therapy Council from August 8, 2018.  Av Branschrådet Svensk Massage certifierad, Stockholm, Sweden, 2010. |
| *Certified Instructor* | Bureau for Private Postsecondary and Vocational Education in Therapeutic Massage, Health and Physical Education, State of California, 2007. |
| *National Certification*  *USA* | National Certification Board for Therapeutic Massage and Bodywork, United States of America, 2003. |
| *Massage Therapist and Body Treatment Technician* | Gadabout Salons and Day Spas, Tucson, AZ, 1999-2000. Extensive training in spa culture, scrubs, wraps, hot stone, aromatherapy and team building. |
| *Reiki Master/Instructor* | Reiki I (1992), Reiki II (1998), Reiki III (1999), CA. |
| *Professional Member* | American Massage Therapy Association, 1996-2002. |
| *Professional Member* | International Massage Association, 2002-2004. |
| *Certified Personal Trainer* | 24Hour Fitness, CA, 1996. |



Community Projects

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| ***Facilitation***  ***Consultant*** | Exponential Climate Action For Cities (X-CAC) – International workshop for cities following Global Carbon Law. Kista, Sweden, 2018.  Sustainability Hackathon sponsored by Sweco AB, 2017-11-17. |
| ***Project manager and lecturer*** | RFSU (Riksförbundet för sexuell upplysning) Stockholm – Guest lecturer at Karolinska Institute, project leader, evaluation design, written copy contributions, administration, event coordination, and committee member, Stockholm, Sweden, Spring 2010 – Current |
| ***Assistant director, choreographer, actor*** | Community theater production of *Man of La Mancha* for Saint Francis in the Foothills UMC, Tucson, AZ, 2003. |
| ***Coach*** | Lavaland Vaulters, Bend, OR, 1994-1996. |
| ***Dance*** | See dance resume. 1988-1996. |
| ***Museum intern*** | Smithsonian, Washington DC 1988. Contributed to the welfare of the Interns and Fellows and promoted the chamber music concerts at the American History Museum. |
| ***Museum intern*** | Museum of Native American Cultures, Spokane, WA, 1990. Developed and implemented the puppet program as project coordinator and script writer. |