



MOUNA BOUDDIR

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Female content writer, online life coach, meditation coach, and energy healer.
I aspire to guide and assist women to become their best version, through holistic life coaching, spiritual guidance and energetic healing.

EDUCATION & TRAINING

- Reiki Grand Master Training
- Akashic Records Training
- Master's degree in Cultural Affairs Management
- Bacheor's in Business Administration

REFERENCES

Radhika Jaimin Vyas
radhikajvyas19@gmail.com

Jihane Laraichi
jihane26@gmail.com

Lakna Perera
Laknaperera@outlook.com

WORK EXPERIENCE

2022 :

Energy healer at Om-heals.com

I teamed up with Om Heals to provide reiki and energy healing services to people seeking well being, relaxation and body-mind-spirit balance.

2019 untill now :

Life coach and meditation coach for women. Assisting women in their personal and spiritual journey through life coaching hacks and a holistic approach including body, mind, and spirit.

2013 untill today :

French copywriter for various companies. Currently working as a french writer for the period tracking app Wocute who shares female oriented content.

VOLUNTEERING

2022 : Morocco Country Contact for humanitysteam.org

LANGUAGES

English : Professional Level - French : Native