

Go Within & Free Yourself

Throat Chakra

- Developing clairaudient skills, we can channel spiritual truths from masters and guides.
- Throat, thyroid, parathyroid, neck, shoulders, hearing, metabolism
- Archangel Gabriel
- Turquoise, Aquamarine, Angelite, Kyanite, Apatite, Aqua Aura, and Larimar
- Native Rosemary, Eucalyptus, Tea Tree, Lemon, Lemongrass, White Tiger Balm, and Chamomile

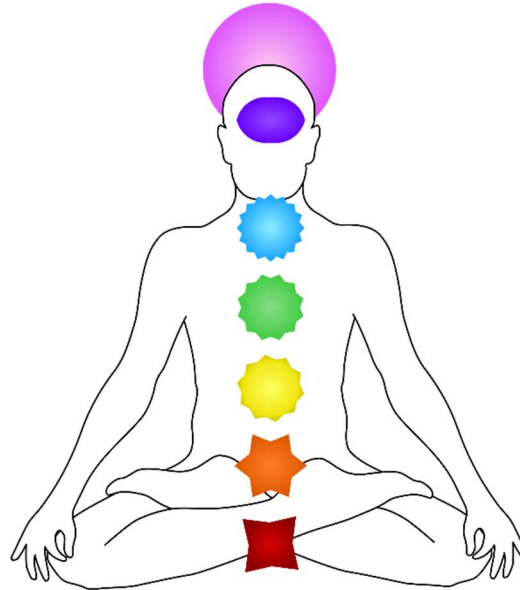
Solar Plexus Chakra

- Center of powerful emotions, where the sun shines and lights up our life. Alignment with your spirit and the greater whole.
- Adrenal glands, stomach, upper intestines, pancreas, liver, gall bladder, middle spine
- Archangel Jophiel
- Citrine, Amber, Tigers Eye, Golden Calcite, Malachite, Peridot
- Lemon, Bergamot, Fennel, Ginger, Cinnamon, Peppermint, and Clove

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Crown Chakra

- Connecting to infinite portals of knowledge and love. Meditation & Silence is the key to strengthen this divine portal.
- Pituitary Gland, Cerebral cortex, Central Nervous System
- Archangel Michael
- Amethyst, Lepidolite, Clear Quartz, Mother of Pearl, and White Rainbow Moonstone
- Apple Blossom and Mulberry Essences



Root Chakra

- Root of the physical body in the 3rd dimension. It focuses on our physical life and deals with survival, endurance, and grounding, maintaining, and nourishing our vital force.
- Testes, ovaries, spinal column, bones, immune system, legs and feet, anus
- Archangel Anael & Archangel Azrael
- Ruby, Agate, Red Jasper, Red Calcite, and Smokey Quartz
- Patchouli, Cedar wood, and Spikenard

Third Eye Chakra

- Clairvoyance is the main gift.
- Pituitary Gland, pineal gland, eyes, ears, brain, and neurological functions.
- Archangel Raziel
- Amethyst, Apophyllite, Lapis Lazuli, Azurite, Iolite, Aquamarine, Kyanite, Moonstone
- Lavender, Sandalwood, Rosemary, Bay Laurel, Clary Sage, and Peppermint

Heart Chakra

- The heart is where we step up and start to operate in a higher frequency.
- Heart, thymus gland, lungs, arms, hands, pericardium, blood pressure
- Archangel Raphael
- Green Apophyllite, Pink and Green Calcite, Emerald, Jade, Green Aventurine, Kunzite, Rhodochrosite, Rose Quartz, Pink Tourmaline
- Rose Oil, Jasmine, Neroli, and Yarrow

Sacral Chakra

- Positive Sacral Energy: trusting, expressive, creative, comfortable with one's emotions.
- Genitals, uterus, large intestine, bowel, bladder, pelvis, lower vertebrae, hip area
- Archangel Haniel
- Carnelian, Moonstone, Pearls and Mother-of-Pearl, Crocoite, and Aquamarine
- Clary Sage, Jasmine, Ylang Ylang, Orange, Vanilla, and Rose Geranium